

A Healthier You Campus Awards Fall 2006

Snow College– Silver

Accomplished: 5 policy - 8 infrastructure - 4 outcomes

Examples:

- Bike racks at least at one of the entrances to every building on campus. Bike racks at every dorm.
- Emergency phones and cameras posted throughout campus
- Student employees work for campus police as campus security, escort students who need it
- Peer mentors are trained as victim advocates.

Utah State University– Silver

Accomplished: 5 policy - 8 infrastructure - 4 outcomes

Examples:

- Domestic violence and sexual assault services: **One in Four and Walk a Mile** .The program One in Four consisted of a short presentation by male student volunteers to other student groups. Walk a mile is now an annual event that raises funds and awareness of sexual violence against women
- Clearly identify non-smoking areas with signs. Signage with 25ft rules posted.
- Policy implemented requiring sidewalks be clear of snow and vegetation.
- Provide a Health/Wellness Website for students. Site was recently revised and updated and includes health and wellness resources available to students on campus.

Utah Valley State College – Silver

Accomplished: 5 policy - 8 infrastructure - 4 outcomes

Examples:

- Dining Services has a 'healthy meal of the week' which meets ADA & AHA requirements. Has a rating system for snack food items. Posts nutrition facts at the restraints to include fat, calories, sodium & protein.
- Walking group established that meets every Monday-Thursday @ noon and walks the wolverine mile
- Wolverine mile is a permanent one mile walking path around campus that is marked with signs.
- Provide a health check once a month in the main hallway on campus
- Walktober” encourages students, faculty & staff to increase their walking

Category Definitions:

Policy – written and monitored city/town policies, procedures or ordinances

Infrastructure – basic facilities, equipment, resources and environmental supports provided in/by the city/town

Outcome – expected changes that will result from the implementation of the program/activity and methods to measure progress